

## Personal Development News (PDN)

The mindful approach to PSHE

30-3-2023



### Welcome to the Spring Term edition of PDN!

Here is our wonderful team of Jigsaw Ambassadors!

Welcome to Reception children, who joined our team this term ☺



<b>RMS</b> – Isra	<b>3PM</b> – Ralphy
<b>RNS</b> – Dollie- Rae	<b>3KP</b> – Najma
	<b>3KB</b> – Esther
<b>1AA</b> – Sana	<b>4PA</b> – Raihana
<b>1PG</b> – Aluna	<b>4BO</b> – Ziham
	<b>5IJ</b> – Albert
<b>2IN</b> – Yannis	<b>5MT</b> – Evie- Grace
<b>2GS</b> – Denisa B	<b>6AC</b> – Matilda
	<b>6SR</b> – Martyna

*‘Be the best that you can be!’*

- Article 29 -

**Children’s Mental Health Week 2023** took place from 6-12 February 2023. This year’s theme was **‘Let’s Connect’**.

Each Camrose pupil has completed a jigsaw piece about themselves, their hobbies, their dreams and goals. It’s very interesting to see how everyone interpreted the activity differently; yet, they all connect together from Nursery to Year 6.

**Reception** held a **Mother’s Day tea party** on 16.03.23. The children sang a song, shared activities, cakes and drinks with their mother’s and took the opportunity to say thank you for everything their mum’s do. Everyone had a great afternoon and all our Mother’s valued this wonderful experience.

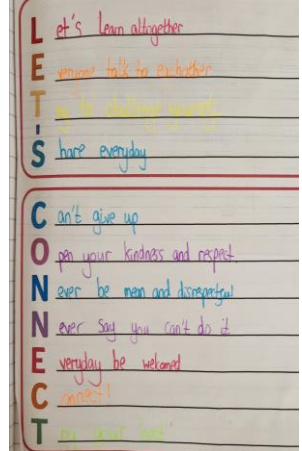
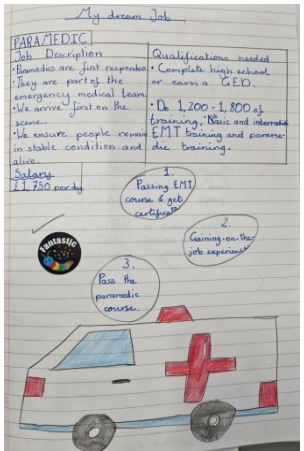
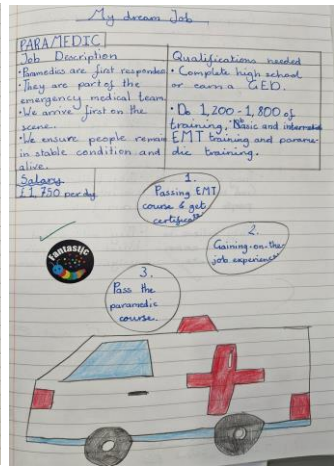
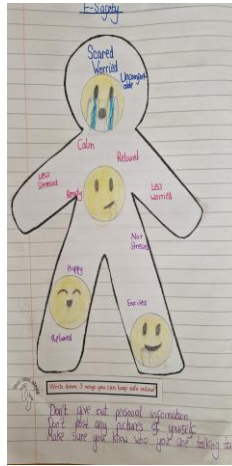
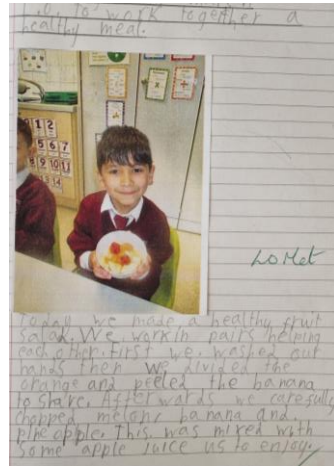
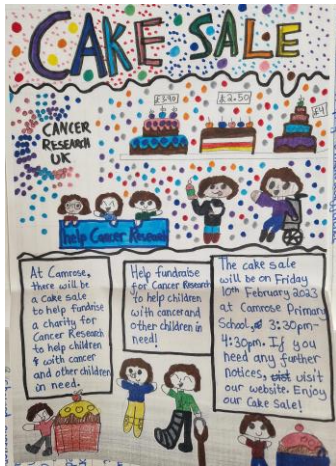


**3KB** Class Assembly focused on the theme **‘Dreams and Goals’**. The tune **‘Reach for the stars’** engaged the audience. Parents were happy and proud to see their children sing and share what they would like to achieve in life.





# Jigsaw Jigsaw Jigsaw



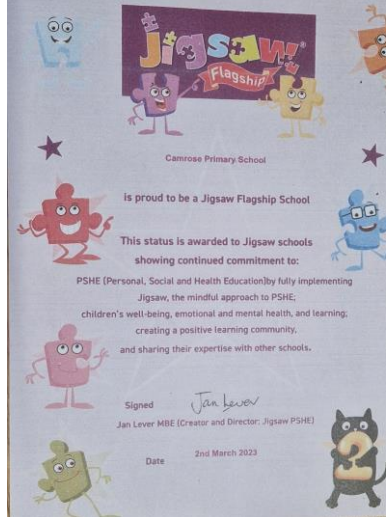
Enjoy a selection of our work on 'Dreams & Goals' and 'Healthy Me'. Both topics kept us interested and resulted in engaging, respectful class discussions and some amazing class work that was acknowledged and celebrated by our peers and teachers.

Year 6 learning about Emergency situations and CPR:



Over the last month, we have raised £965 for UNICEF fundraising for the Earthquake in Turkey & Syria and for Comic Relief 'Red Nose Day'. Thank you to all wonderful parents for your generosity and showing the importance of charitable actions to your children.

We are proud that our Jigsaw Flagship Status was renewed. Huge thank you to all our amazing, hard-working pupils and teachers!



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