

YOUR MENU THIS WEEK



Available daily

WEEK TWO COMMENCING 5TH SEPTEMBER
26TH DECEMBER

Handmade Bread (1,3,6,11), Fresh Salad & Fruit
Also Available, Daily Jacket Potatoes with Beans, Cheese (1)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Mac & cheese (v) (1,3)	Chicken meatballs with tomato sauce	Roast turkey with gravy	Cottage pie (1,3)	Fish fingers (2,3) Or Salmon fishcakes. (2,3)
PLANT POWER	Vegetable burrito with potato wedges (v) (1)	Lentil & bean casserole (v) (1)(MC 3)	Autumn vegetable cobbler (v) (1,3)	Vegetarian cottage pie (v) (1,3,6)	Roasted squash & pepper frittata (1,11) (v)
SIDES	Sweetcorn & peas Side salad	50/50 rice Carrots Green beans	Roast potatoes (mc.13) Medley of vegetables	Cauliflower (v) Broccoli (v)	Chips (v) baked beans (v) peas (v)
PUDDINGS	Fruit medley	Orchard fruit crumble with vanilla sauce (v) (1,3)	Yoghurt. (v) (1)	Berry ripple sponge (v)(1,3,11,12) with custard (1)	Golden syrup & ginger biscuit (v) (3)

Allergn Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts,
6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg,
12. Sulphite, 13. Celery, 14. Mustard.

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE

