



WEEK	DAY	MAINS		SIDES	PUDDINGS
		Meat	Vegetarian		
1	Monday	Tomato & basil pasta bake ^(1,3)	Vegetable tagine & couscous ⁽³⁾	Sweetcorn, green beans	Strawberry mousse
	Tuesday	Mild chicken curry ⁽¹⁾	Sweet potato & chickpea curry	Steamed rice, broccoli, carrots	Pear & chocolate marble sponge & chocolate sauce ^(1,3,11)
	Wednesday	Roast turkey & gravy	Mixed bean cobbler ^(1,3)	Skin-on roast potatoes, savoy cabbage, winter roots	Rice pudding & jam ^(1,12)
	Thursday	Lamb spaghetti bolognese ⁽³⁾	Pepper, basil & tomato tart ^(1,3,11)	Garlic & herb bread ^(1,3,6,11) , carrots, green beans	Apple crumble & custard ^(1,3)
	Friday	Fish fingers ^(2,3)	Spinach & cheddar quiche ^(1,3)	Chips, baked beans, peas	Chocolate cookie ⁽³⁾
2	Monday	Mac & cheese ^(1,3,14)	Vegetable biryani	Broccoli, sweetcorn	Chocolate orange brownie ^(1,3,11)
	Tuesday	Chicken sausages ^(3,12)	Vegetarian sausages ^(1,3,11)	Mashed potato ⁽¹⁾ , baked beans, peas	Fruit sponge & custard ^(1,3,11)
	Wednesday	Roast chicken & gravy	Quorn roast	Roast potatoes, carrots, savoy cabbage	Fruit jelly
	Thursday	Lamb lasagne ^(1,3,14)	Vegetable lasagne ^(1,3,14)	Garlic & herb bread ^(1,3,6,11) , carrots, broccoli	Fruit salad
	Friday	Battered fish ^(1,2,3)	Cheese & leek pasty ^(1,3)	Chips, baked beans, peas	Iced carrot cake ^(1,3,11)
3	Monday	Margherita pizza ^(1,3,6,11)	Vegetable chilli & rice	Carrots, green beans	Cherry shortbread ⁽³⁾
	Tuesday	Chicken meatballs & rice	Mediterranean pasta bake ^(1,3)	Sweetcorn, broccoli	Orchard goodie & custard ^(1,3)
	Wednesday	Toad in the hole & gravy ^(1,3,11,12)	Spinach & pepper filled potato ^(1,11)	Skin-on roast potatoes, savoy cabbage, carrots	Chocolate mousse ⁽¹⁾
	Thursday	Chicken pie & gravy ⁽³⁾	Soya mince & vegetable pie ^(1,3,6)	Mashed potato ⁽¹⁾ cauliflower, green beans	Fruit salad
	Friday	Fish fingers ^(2,3)	Vegetable chilli & rice	Chips, baked beans, peas	Vanilla ice cream ⁽¹⁾



Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE