

Personal Development News (PDN)

The mindful approach to PSHE
16-7-2025

Welcome to the Summer Term edition of PDN!



Parents and children celebrated their last session of

Jigsaw Families

Summer Term 😊

The six weeks' programme gave lots of opportunities for children to get creative and work alongside their peers and parents.

Again, we are very pleased to see, that these sessions had a positive impact for everyone involved.

Please contact our school office if you are interested to take part in our future sessions starting in next academic year.

Parent feedback:

"Seeing my child pleased and happy made me happy. It was interesting to see that each parent has a different view on parenting, but at the same time to discover that we have so many things in common." Year 2

"It was a great opportunity to share information and to help each other. I think the session were perfectly organised." Year 3

"The programme is useful. I really liked listening to other people sharing their thoughts about their family." Year 2

"It was interesting to see how my child is interacting with other children. It was good to learn from other people and to see how other people deal or cope with different situations." Year 3

"Jigsaw Families helped me understand my child's emotions more closely and the importance of motivating and encouraging our children through regular discussions." - Year 4

Pupil feedback: "What I liked the most was making the fruit kebab, because I got to make one for my dad. It was so delicious! "

"It was so much fun to plant the cress. I watered mine and it grew already."

"Decorating the magic wand was my favourite activity. I also liked when we glued the Jigsaw friends to a lolly stick and we coloured them in."

