

YOUR MENU THIS WEEK

WEEK ONE

WEEK COMMENCING

20/02/23, 13/03/23, 17/04/23, 08/05/23,
05/06/23, 26/06/23, 17/07/23



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Quorn in bbq sauce (egg, may contain gluten) (v)	Jacket potato day with Sausage or Halal chicken sausage & bean casserole (gluten, soya, sulphites)	Herby roast chicken & gravy or Herby Halal roast chicken & gravy	Spaghetti beef bolognese (gluten) or Spaghetti Halal beef bolognese (gluten)	Fish fingers (fish, gluten)
PLANT POWER	Mexican veggie tostada (gluten, milk) (v)	Jacket potato day with rich cauliflower cheese (gluten, milk) (v)	Broccoli & red pepper pie (egg, gluten) (v)	Tomato, lentil & herb 50/50 pasta (gluten) (v)	Bbq spiced vegetable 50/50 rice bake (may contain gluten) (v)
SIDES	50/50 Rice, Broccoli	Sweetcorn	Skin on roasties, Cabbage & Carrots	Peas	Chips, Baked Beans
PUDDINGS	Ginger biscuit (gluten)	Fruity cornflake cake (gluten, sulphites)	Chocolate cake (egg, gluten) with chocolate custard (milk)	Fruit & forest berry crumble (gluten)& custard (milk)	Yoghurt (milk)

Available daily

Jacket Potatoes with Beans, Cheese (milk), Fresh Fruit, Daily Salad, Handmade Bread (gluten, milk, soya, may contain egg)

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE

