



PHSE Curriculum Map 2020-2021

	Autumn 1 Being Me in My World	Autumn 2 Celebrating Difference	Spring 1 Dreams & Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Changing Me
Year 2	<p>To identify some of my hopes and fears for this year.</p> <p>To recognise when I feel worried and know who to ask for help.</p> <p>To understand the rights and responsibilities for being a member of my class and the school.</p> <p>To recognise the choices I make and understand the consequences.</p> <p>To help make my class a safe place.</p> <p>To work cooperatively.</p>	<p>To identify similarities between people in my class.</p> <p>To tell you some ways I am different from my friends.</p> <p>To understand what bullying is and understand how being bullied might feel.</p> <p>To know some people who I could talk to if I was feeling unhappy or being bullied.</p> <p>To recognise what is right and what is wrong and know how to look after myself and make new friends.</p>	<p>To choose a realistic goal and think about how to achieve it.</p> <p>To persevere even when finding tasks difficult.</p> <p>To identify how I feel when I am faced with a new challenge.</p> <p>To know how to work cooperatively with a partner or in a group and how to share success with others.</p>	<p>To know what I need to keep my body healthy and which foods I need to eat to give my body energy.</p> <p>To recognise feelings that make us feel relaxed or stressed.</p> <p>I understand how medicine work in my body and how to use it safely.</p> <p>To make a healthy snack and explain why is good for my body.</p>	<p>To identify the different members of my family, to understand my relationship with each of them.</p> <p>To understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not.</p> <p>To identify some of the things that cause conflict with my friends.</p> <p>To recognize and appreciate people who can help me in my family, school and community.</p> <p>To express my appreciation for the people in my special relationships.</p>	<p>To recognise cycles of life in nature.</p> <p>To know about the natural process of growing from young to old and recognise how my body has changed since I was a baby.</p> <p>To recognise the physical differences between boys and girls and use the correct names for parts of the body and appreciate that some parts are private.</p> <p>To identify what I am looking forward to when I am in Year 3.</p>

