



## PHSE Curriculum Map 2020-2021

	Autumn 1 <b>Being Me in My World</b>	Autumn 2 <b>Celebrating Difference</b>	Spring 1 <b>Dreams &amp; Goals</b>	Spring 2 <b>Healthy Me</b>	Summer 1 <b>Relationships</b>	Summer 2 <b>Changing Me</b>
<b>Year 6</b>	<p>To identify my goals for this year, to understand my fears and worries about the future and know how to express them.</p> <p>To know that there are universal rights for all children but for many children these rights are not met.</p> <p>To understand that my actions affect people locally and globally.</p> <p>To make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities.</p> <p>To understand how democracy and having a voice benefits the school community.</p>	<p>To understand there are different perceptions about what normal means.</p> <p>To understand how having a disability could affect someone's life.</p> <p>To explain some of the ways in which one person or a group can have power over another.</p> <p>To know some of the reasons why people use bullying behaviours.</p> <p>To give examples of people with disabilities who lead amazing lives.</p> <p>To explain ways in which difference can be a source of conflict and a cause for celebration.</p>	<p>To know my learning strengths and set challenging but realistic goals for myself.</p> <p>To work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these.</p> <p>To identify problems in the world that concern me and talk to other people about them.</p> <p>To work with others to make the world a better place.</p> <p>To know what some people in my class like or admire about me and accept their praise.</p>	<p>To know the impact of food on the body: creating energy, giving comfort and altering mood.</p> <p>To know about different types of drugs and their uses and their effects on the body, particularly the liver and the heart.</p> <p>To evaluate when alcohol is being used responsibly, anti-socially or being misused.</p> <p>To put into practice basic emergency aid procedures (e.g. the recovery position) and know how to get help in emergency situations.</p> <p>To understand people's attitude towards mental health/illness.</p>	<p>To identify the most significant people to be in my life so far.</p> <p>To know some of the feelings we can have when someone dies of leaves.</p> <p>To understand that there are different stages of grief and different types of loss that cause people to grieve.</p> <p>To recognise when people are trying to gain power or control.</p> <p>To use technology positively and safely to communicate with my friends and family.</p>	<p>To be aware of my own self-image and how my body image fits into that.</p> <p>To explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally.</p> <p>To ask questions I need answered about changes during puberty.</p> <p>To describe how a baby develops from conception through the nine months of pregnancy and how it is born.</p> <p>To identify what I am looking forward to and what worries me about the transition to secondary school.</p>

