

SIGNPOSTING DIRECTORY

***If you have any concerns for a child's welfare, call the Harrow Golden Number on 020 8901 2690**

***If you have concerns for the immediate safety of a child, call the police on 999.**

Addiction

Children of Addicted Parents and People (COAP)	Website only
National Association for Children of Alcoholics	0800 358 3456
Young People and Gambling	0808 8020 133

Bereavement

Child Bereavement Network	Website only
Child Death Helpline	0800 282 986
Childhood Bereavement Network	020 7843 6309
Cruse Bereavement Care	0808 808 1677
Grief Encounter	Website only
Hope Again	0808 808 1677
Winston's Wish	08088 020 021

Bullying

Bullying UK	Website only
Ditch The Label	Website only

Cancer

Macmillan Cancer Support	0808 808 00 00
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Children of Prisoners

National Information Centre on Children of Offenders	Website only
National Prisoners' Families Helpline	0808 808 2003

Children's Charities

Childline	0800 1111
Children's Society	Website only
NSPCC	0808 800 5000

Counselling

British Association for Counselling and Psychotherapy	Website only
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Crime

Crime Stoppers	0800 555 111
National Domestic Violence Helpline	0808 2000 247

Drugs

Talk to Frank	Website only
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Faith

Muslim Youth Helpline 0808 808 2008
FGM Africans Unite Against Child Abuse Website only
Daughters of Eve Website only
Forward UK 0208 960 4000
NSPCC FGM Helpline 0800 028 3550

Forced Marriage

Karma Nirvana 0800 5999 247

Housing

Shelter 0808 800 4444

LGBT

Stonewall 0207 593 1850

Looked After Young People

Coram Voice 0808 800 5792
The Care Advice Line 020 7017 8901

Mental Health

Anna Freud National Centre for Children & Families Website only
Anxiety UK 03444 775 774
B-eat eating disorders 0808 801 0711
Bipolar UK 0333 323 3880
CALM (Campaign Against Living Miserably) 0800 58 58 58
OCD Action 0845 390 6232
Papyrus (Suicide support) Website only
Samaritans 116 123
Sane 0300 304 7000
Selfharm UK Website only
Young Minds Parents Helpline 0808 802 554

Online Safety

Child Exploitation Online Protection Centre Website only
National Professionals Online Safety Helpline 0344 381 4772

Parent Support

Parent Line Plus 0808 800 2222

Sexual Abuse

MOSAC (Mothers of Sexually Abused Children) 0800 980 1958
Stop It Now 0808 1000 900
The Lucy Faithfull Foundation 01527 591922

Whistleblowing

NSPCC Whistleblowing Helpline 0800 028 0285