



Mental Health and Wellbeing Strategy

As part of our drive to achieve and maintain positive mental health and emotional wellbeing, the school have invested in the following:

2017-2018:

- 2 x staff trained MHFA (Mental Health First Aid)
- 2 x staff trained in counselling skills (level 2)
- IQM Centre of Excellence (Inclusion Quality Mark)
- LPPA Award (Leading Parent Partnership)
- Ofsted judgement Good (behaviour and safety judged as outstanding.)
- Appreciation days introduced based on length of service within school for staff)
- Educational Psychologist involvement for targeted children
- CAMHS referrals (Children Adolescent Mental Health Services) as appropriate
- BPTAA Award (Best Practice Teaching Assistants Award)
- Staff Employee Assistance Programme

2018-2019

- 1 x member of staff trained in counselling skills (Level 3)
- IQM Flagship status awarded
- Supporting Wellbeing in the Early Years course x 2 staff
- PHSE Curriculum - Jigsaw
- Mental Health Leader appointed
- Staff Employee Assistance Programme
- Away day for all staff
- CAMHS referrals
- Educational Psychologist involvement
- School Vision changed
- School Vision shared with community
- Friends for Life adopted and groups identified
- PASS Profile introduced and children benchmarked (Pupil Attitudes to Self and School)
- WAS process started and Change Team adopted (Wellbeing Award for Schools)
- WAS sections added to school app and website
- School self review and action plan developed
- School community stakeholder evaluations
- Stakeholder evaluations analysed
- Staff SWOT (Strengths, Weaknesses, Opportunities, Threats) analysis completed and results circulated to all staff and Chair of Governors
- Mental Health and Wellbeing Policy introduced
- Bereavement Policy drafted
- WAS added to School Development Plan
- Wembley trip - Y6 aspiration day

2019-20

- 1 x member of staff started Post Graduate Diploma in counselling skills (2 years)
- Improving Mental Health Support for Pupils - course
- Emotional Coaching for all staff
- Pupil voice mechanisms changed with wellbeing focus, including Bully/Safety ballot
- Squad 19 relaunch
- Wellbeing Assemblies booked
- Anti-bullying week
- Staff Employee Assistance Programme
- Rainbow bench relaunch
- Staff worry box
- Staff thank you board
- Staff well being champions appointed
- MH insets (Mental Health)
- PEP Group development to ensure parent voice stays strong (Parents educating Parents)
- Review current behaviour system
- Develop role of e-cadets
- Achieve WAS

2020-2021

- Counselling base.